

REGIONAL CHANNEL GUIDE

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BBC TWO HD (Channel 102/106)

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ITV Border (Scotland)

ITV Central East

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ITV Channel Islands

ITV Granada

ITV London

ITV Meridian North

ITV Meridian South East

ITV Meridian South

ITV Tyne Tees

ITV West Country

ITV West

ITV Yorkshire West

ITV Yorkshire East

ITV Wales

STV (Channel 103)

STV (East)

STV (West)

STV (Grampian)

STV (Grampian North)

ITV HD (Channel 111)

ITV HD Anglia

ITV HD Border

ITV HD Central West

ITV HD Granada

ITV HD London

ITV HD Meridian South East

ITV HD Tyne Tees

ITV HD Yorkshire

ITV HD Wales

ITV HD West

ITV HD West Country

STV HD (Channel 111)

No regional variants

UTV HD (Channel 111)

No regional variants

ITV+1 (Channel 112)

ITV+1 Anglia

ITV+1 Border

ITV+1 Central

ITV+1 London

ITV+1 Meridian

ITV+1 Tyne Tees

ITV+1 Wales

ITV+1 West Country

ITV+1 West

ITV+1 Yorkshire

CHANNEL 4 (Channel 104)

C4 North

C4 South

C4 Scotland

C4 Midlands

C4 Ulster

CHANNEL 4+1 (Channel 121)

C4+1 North

C4+1 South

C4+1 Scotland

C4+1 Midlands

C4+1 Ulster